

# CHI SIGMA IOTA ANNUAL AWARDS PROGRAM



Pittsburgh, Pennsylvania  
March 20, 2010

**CONGRATULATIONS** to all individuals and chapter CSI award recipients!

**THANK YOU** to all who took time to prepare the nomination materials and write letters of support. A heartfelt **THANK YOU** to the members of the Awards Selection Committee!

## Chi Sigma Iota 2010 Awards Committee

Dr. Danica G. Hays, Chair, Old Dominion University

Dr. Susan Adams, Texas Woman's University

Dr. Valerie Balog, University of North Carolina- Charlotte

Dr. Michael Brubaker, University of Cincinnati

Dr. Amanda Healey, East Tennessee State University

Rachel Hoffman, Kent State University

Dr. Daniel Kissinger, University of Arkansas

Dr. Erin Mason, DePaul University

Dr. Amy McLeod, Argosy University- Atlanta

Rebecca Michel, Old Dominion University

Dr. Casey Barrio-Minton, University of North Texas

Dr. Cynthia Osborn, Kent State University

Dr. Quinn Pearson, University of South Alabama

Marinn Pierce, University of Great Falls

Dr. Nancy Sherman, Bradley University

Dr. April Sikes, University of Southern Arkansas

Dr. Chippewa Thomas, Auburn University

Dr. Carrie Wachter, Purdue University

Dr. Chinwe Williams, Atlanta, Georgia

Dr. June Williams, Southeastern Louisiana University

No member of the Awards Committee reviewed nominees or voted in categories in which his or her chapter or a chapter member was a nominee.

## OUTSTANDING NEWSLETTER AWARD

### Purpose of Award

The purpose of this award is to recognize an outstanding Chapter Newsletter.

The following criteria were used in the selection process:

- Regular publication schedule
- Established record of publication
- Format and graphics
- Content
- Types of articles, regular columns, etc.
- Distribution
- Scope
- Involvement of chapter members in production

The 2010 Outstanding CSI Newsletter Award Recipient is

**ALPHA ETA CHAPTER**

This newsletter is the official vehicle of communication  
for the **ALPHA ETA CHAPTER**  
University of New Orleans  
New Orleans, Louisiana

The *Advocate* is distributed to over 300 individuals, including current students, alumni, and faculty. Publishing its third issue in Winter 2009, this Outstanding Newsletter has had an impact for the Counseling program at large at the University of New Orleans, with senior administrators commenting on the accomplishments of the counseling program and the Alpha Eta Chapter.

According to a nominee, the faculty and students “have come to rely upon Alpha Eta Chapter’s newsletter as a means of staying informed on the current happenings related to [the] chapter and program.”

## OUTSTANDING INDIVIDUAL PROGRAM AWARD

### Purpose of Award

The purpose of this award is to recognize a single outstanding Chapter program that provides professional development or community service

The Outstanding Individual Program includes some of the following criteria:

- Planning for program, committee involvement, length of time
- Recruitment strategies, advertising, media, brochures, etc.
- Attendance at Program
- Program itself:
  - Goals, topic and speakers, importance to field, availability of CEUs
  - Outreach for participants beyond Chapter membership
  - Impact on professionals, professionalism, excellence, etc.
  - Community service

The 2010 recipient of the Outstanding Individual Program Award is

**ZETA**

University of Alabama-Birmingham  
Birmingham, Alabama

**“Professional Development Series”**

The ZETA Chapter offers a Professional Development Series to students. Seminars are held monthly and are divided into two tracks: Topics in Profession (TiP) and Theme Series. The TiP series enlists local professionals to speak to students about current, relevant issues in the counseling field, including: Licensure in Alabama, Alternative Therapies, Counseling and Women’s Issues, and Counseling Behind Bars. The Theme series supports the Chi Sigma Iota national theme chosen each year by the CSI President. This year, the Theme series is offering seminars on “Excellence.” The Zeta Chapter Board is responsible for arranging for the guest speaker, advertising, arranging for CEU’s for Licensed Professional Counselors, and providing refreshments. Perhaps the most unique aspect of this program is collaboration between the Zeta Chapter and the UAB Counselor Education Program. The UAB Counselor Education Program supports the Professional Development Series by 1) devoting one half hour of class time towards each seminar and 2) requiring that each student attend 15 hours of professional development during their time in the program. All in all, this is innovative program, and ZETA deserves to be recognized for the crucial role their program plays in the professional identity and educational development of counseling students at UAB.

## OUTSTANDING CHAPTER AWARD

### Purpose of Award

The purpose of this award is to recognize outstanding Chapter activities (i.e. newsletters, other publications, individual programs, brochures, web pages, recruitment strategies, chapter growth, planning, programs, networking and/or evidence of professional development). Two awards are given, one for a large and one for a small chapter.

The Outstanding Chapter is chosen based on the following criteria:

- Percent of initial membership maintained after one year
- Number and type of meetings and programs during the year
- Organizational structure - officers, committees, etc.
- Newsletter, web page and other means to maintain contact with members
- Annual Report submission with follow-through
- Activities to promote goals of CSI - scholarship, accomplishments, etc.

The 2010 Outstanding Chapter Award Recipient (Large Chapter) is

**ETA**

Youngstown State University  
Youngstown, Ohio

The Eta Chapter of Chi Sigma Iota is a unique larger chapter composed of only masters-level students. The chapter has made outstanding accomplishments that are both unique and innovative. For the past two years, Eta Chapter has taken the initiative to unite all Ohio chapters of Chi Sigma Iota at the All Ohio Counselors Conference for a workshop entitled "Ohio Chi Sigma Iota Leadership Meeting: Connecting with Chapters Across the State." Eta Chapter has made exceptional efforts to serve the Youngstown area through several community service events. Most notably was their participation in a Pajama Program that provided approximately \$10,000 in cash and clothing for a local women and children's housing program.

The chapter was also able to secure a grant through Chi Sigma Iota International to start a mentorship program that enabled second-year students to support and guide incoming counseling students. The accomplishments, involvement, and activities of the master's students and alumni who support this larger chapter make the Eta Chapter deserving of the Chi Sigma Iota Outstanding Chapter Award.

The 2010 Outstanding Chapter Award Recipient (Small Chapter) is

**BETA ALPHA**

Northern Arizona University  
Flagstaff, Arizona

In the Spring of 2009, faculty members at Northern Arizona University initiated the re-emergence of the department chapter's counseling academic and professional honor society. During this short time period, Beta Alpha accrued 21 members, as well as initiated several chapter activities and community service events. One of the chapter's initial activities included the development of a website and the dissemination of an on-line needs assessment to determine the chapter's future direction. Beta Alpha also initiated two shelter services drives to support homeless individuals in the county.

In the Spring of 2009, they partnered with Students for Sustainable Living and Urban Gardening (SSLUG) to improve campus sustainability. In October Beta Alpha members rallied alongside 600 community members to support the First Annual National Alliance of Mental Illness (NAMI) Walk in Northern Arizona. The event raised \$36,000 for mental illness awareness and support.

According to Sara Preseler, the Mayor of City Flagstaff, "the Beta Alpha Chapter of CSI models a true investment their community by helping others sustain better lives." Clearly, the Beta Alpha chapter truly exhibits excellence in scholarship, advocacy, professionalism, leadership, and outreach.

## OUTSTANDING PRACTITIONER AWARD

### Purpose of Award

The Practitioner Award was established to recognize an outstanding counselor whose time is spent primarily in direct clinical counseling services. Therefore, the nomination packet should clearly demonstrate the clinical contribution. Full-time faculty persons are not eligible.

The following criteria were used to select this year's recipient:

- A current member of Chi Sigma Iota
- Spends at least 50% of time in direct clinical counseling services
- Identifies self as a professional counselor
- Publishes, presents at professional meetings, or otherwise educates other practitioners about successful clinical practices or theories
- State licensed, certified as a school counselor, and/or holds a national credential as a professional counselor

The 2010 recipient of the Outstanding Practitioner Award is

**STEPHEN KENNEDY**

Upsilon Nu Chi Chapter

University of North Carolina at Greensboro  
Greensboro, North Carolina

Stephen is a highly respected school counselor at Northwest Guilford High School, where he dedicates his time and knowledge to helping students. His service at the high school includes leading a grief and loss group for students, chairing the SAT committee, and publishing a newsletter for the counseling department. Stephen's service extends outside of the schools to his work advocating for the profession as the Government Relations Committee Chair for the North Carolina School Counselor Association and member of the preceding association, the American School Counselor Association, Chi Sigma Iota, and the American Counseling Association. Stephen also demonstrates a clear commitment to scholarly activity and productivity. He has made presentations at local, state, and national professional association conferences and to local community groups as well. To date he has two publications, one book chapter, and an unsolicited article in the *CSI Exemplar*. He has been recognized for his contributions by the North Carolina Counseling Association, which recently designated him as an Emerging Leader, and by Chi Sigma Iota, having received the Outstanding Service to the Chapter Award from the Upsilon Nu Chi Chapter for his leadership as Chair of the Professional Advocacy Committee.

# OUTSTANDING PRACTITIONER-SUPERVISOR AWARD

## Purpose of Award

The practitioner supervisor award was established to recognize an outstanding counselor whose primary professional commitment is the direct supervision of persons involved in clinical counseling services. Therefore, the nomination packet should clearly demonstrate the supervision contribution.

## The following criteria were used in the award selection:

- A current member of Chi Sigma Iota
- Spends at least 10% of time in direct supervision of clinical counseling services
- Identifies self as a professional counselor
- State licensed, certified as a school counselor, and/or holds national and credential as a professional counselor
- Publishes, presents at professional meetings, or otherwise educates other practitioners about successful clinical practices or counseling theories

The 2010 recipient of the Outstanding Practitioner Supervisor Award is

**ANITA NEUER**

Omega Delta Chapter

Old Dominion University  
Norfolk, VA

Anita operated her own private counseling practice for over 10 years and a consulting business prior to relocating to Virginia to pursue her doctoral degree. Once in Virginia, she started a rapidly successful private counseling practice. Anita provides clinical and administrative supervision for Master's level practicum and internship students at Old Dominion University/Norfolk Community Services Board Counseling Center. She has an extraordinary ability to quickly build rapport and explain concepts using creative techniques and providing relevant supplementary materials. She is licensed as a professional counselor in Virginia, North Carolina, and Alabama.

She is a Nationally Certified Counselor, Approved Clinical Supervisor, and has received training in Eye Movement Desensitization Reprocessing (EMDR), Critical Incident Stress Management, and the Myers Briggs Type Indicator. One of Anita's colleagues commented "She is an outstanding counselor and counselor supervisor and possesses all the qualities that a recipient for this prestigious award should exemplify. And finally, she is simply one of the finest human beings walking among us."

# OUTSTANDING ENTRY LEVEL STUDENT AWARD

## Purpose of Award

The purpose of this award is to recognize an individual CSI Chapter member who has excelled in scholarship, extracurricular involvements, service to the chapter, and evidence of excellence and commitment to the profession.

The following criteria were used in the selection process:

- Grade point average
- Extracurricular activities
- Service to Chapter
- Service to profession
- Evidence of excellence
- Professional work experience

The 2010 Outstanding Entry Level Student Award Recipient is

**RYAN REESE**

Beta Chapter

University of Florida  
Gainesville, Florida

Ryan is a second year master's student in the University of Florida Counselor Education program and exemplifies an outstanding master's level student in multiple ways. He has been an active Beta Chapter member for the past year and a half and is currently the Beta Chapter's President-Elect, is very active in the Beta Chapter's Social Justice Committee and the Fundraising Committee, and an active member of the Beta Chapter's Executive Council. Additionally, throughout his time at UF, Ryan has: 1) maintained a 20 hour/week graduate assistantship as an undergraduate academic advisor in the College of Education; 2) initiated a literature review as first author on male help-seeking behaviors in schools to be submitted to *Professional School Counseling*; 3) developed and implemented a large-group guidance unit facilitating male help-seeking behavior at a local, high poverty elementary school; 4) presented at several national and state conferences; 5) co-taught a Professional Identity and Ethics course; and 6) served as the principal investigator on a 2009 Chi Sigma Iota, International Excellence in Research Grant in the amount of \$200. One of Ryan's faculty mentors described him as a "mature, thoughtful, and self-reflective young man who stands out as a leader among his peers. He is extremely well organized, insightful, inquisitive, hardworking, and dedicated to serving the needs of children and advocating for the counseling profession.

## OUTSTANDING DOCTORAL LEVEL STUDENT AWARD

### Purpose of Award

The purpose of this award is to recognize an individual doctoral level CSI Chapter member who has excelled in scholarship, extracurricular involvements, service to the chapter, and evidence of excellence and commitment to the profession.

The following criteria were used in the selection process:

- Grade point average
- Extracurricular activities
- Service to Chapter
- Service to profession
- Evidence of excellence
- Professional credentials
- Professional work experience

The 2010 Outstanding Doctoral Student Award Recipient is

**PHILIP GNILKA**

Chi Epsilon Chapter

Georgia State University  
Atlanta, Georgia

Phillip is a doctoral candidate in the Counselor Education and Practice program at Georgia State University. He has been actively involved with the Chi Epsilon chapter, serving as the chapter's president. He was also instrumental in initiating the chapter's annual Fall Welcome and Student Research Conference. Phillip has also served the profession by co-chairing the membership committee for the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, and he published one book chapter and one journal article. Phillip also has several national presentations, including presentations at the American Counseling Association World conference and AACE National Assessment Conference. In addition to his doctoral work, Phillip has clinical experience working at CHRIS Kids Counseling Center, Inc., where he provides individual and group counseling for adolescents who were primary residents of a group home. Overall, Phillip has demonstrated passion for the counseling profession through his counseling, supervision, and professional service. A faculty member at Georgia State University described him as, "in the top 1% of doctoral student I have known. Not only is he an exemplary doctoral student, all indications are that he will be an excellent counselor educator.

## OUTSTANDING SERVICE TO THE CHAPTER AWARD

### Purpose of Award

The purpose of this award is to recognize an individual CSI Chapter member who has excelled in scholarship, service to the chapter, extracurricular involvements, and evidence of excellence and commitment. Service to the Chapter must clearly be demonstrated.

The following criteria were used in the selection process:

- Documented evidence of helping a chapter to develop, grow, and meet CSI purposes and goals.
- The nominee may be a Chapter Faculty Advisor, officer, chapter member, student, faculty member, or graduate.
- All nominees must be active members of CSI chapter.

The 2010 Outstanding Service to the Chapter Award Recipient is

**CHERYL PENCE WOLF**

Beta Chapter

University of Florida  
Gainesville, FL

Cheryl is a third year doctoral student who exemplifies outstanding service to our CSI Beta Chapter in multiple ways. She has been an active Chapter member for the past four years, and has served the chapter in numerous capacities, including: 1) President (2009-2010) during which she has led approximately 17 committee leaders and managed the chapter through overseeing the finances, official reports, board meetings, chapter events, and serving as a liaison to faculty; 2) President-Elect (2008-2009) during which she oversaw committee leaders and assisted in activities related to wellness, professional development, fundraising, our Chapter bulletin board, community service, and Chapter website; 3) Chair, Wellness Program (2008-2009) during which she established and facilitated a wellness program for students, staff and faculty in the UF College of Education. She has also co-facilitated and actively participated in numerous chapter events and activities. Perhaps Cheryl's most notable contribution to the Beta Chapter has been the Chapter's website. Cheryl recognized that the Beta Chapter website rarely used or updated for three years and she offered to act as the website re-organizer and developer. The website is now used by the CSI, International Headquarters staff as the "sample" website for *all* CSI chapters around the world. Clearly, Cheryl's passion and selflessness far exceed all others in the area of service making her the 2010 Outstanding Service to the Chapter Award Recipient.

## OUTSTANDING RESEARCH AWARD

### Purpose of Award

Chi Sigma Iota is continuing its commitment to excellence in scholarship and clinical practice through the Outstanding Research Award. This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

The Outstanding Research Award given annually consists of a plaque of distinction and the distribution of the abstract in the CSI Newsletter.

The following criteria were considered:

- The senior author must be an active CSI member if there are multiple authors.
- The nominee's research manuscript must have been written on a topic of interest to the profession of counselor education.
- The research manuscript must have been written within the last two years.
- The research must represent sound scholarship.
- Studies using any research approach (ethnological, experimental, historical, survey, etc.) are encouraged.
- The knowledge presented and the conclusions drawn must hold promise for the improvement of the counseling profession.

The 2010 CSI Outstanding Research Award Recipient is

**NATHANIEL IVERS & Co-Author Jane Myers**

**“Morality Salience and Worldview Defense:  
Effect Death Awareness and MCC”**

Upsilon Nu Chi Chapter

University of North Carolina at Greensboro  
Greensboro, North Carolina

Dr. Ivers and his co-author and Chapter Faculty Advisor, Dr. Jane Myers, receive the Outstanding Research Award for a study entitled *Mortality Salience and Worldview Defense: The Effect of Death Awareness on Multicultural Counseling Competence*.

The study addresses the effect of death awareness on multicultural counseling competence (MCC) in an experimental study of 141 counseling students. Experimental group participants self-rated their MCC lower than did those in the control group. The finding that increased death awareness affects counseling students' self-perceived MCCs has direct implications for counselor preparation to better serve clients who are culturally different from their counselors and opens up a whole new frontier in multicultural counseling research.

These results change the domain of multicultural counseling from focusing on surface and obvious issues, which are important, to more subtle and ultimately more significant issues, such as counselors' concerns about their own morality when considering how open they can be to others. Additionally, the experimental nature of the methodology is a strength of this study as it provides a needed contribution to the evidence base for counselor preparation and practice.

## **OUTSTANDING CHAPTER FACULTY ADVISOR AWARD**

### **Purpose of Award:**

The Outstanding Chapter Faculty Advisor Award was established to recognize outstanding members who mentor, lead, and support the new leaders of the profession through their university chapter of CSI. This award is for faculty members in counselor education who perform their role with excellence as defined by criteria established to identify active chapters, those that promote recognition of excellence within their membership and chapter, and who advance the profession through service and scholarship. Up to two such individuals may be recognized for this award each year, one each from large and small chapters.

The following criteria were also considered:

- The chapter has been active for at least three consecutive years.
- The CFA has served in the role for at least five consecutive years (may accrue through service to more than one chapter but most recent service for the nominating chapter). Chapter has a membership renewal effort including outreach activities designed to interest and serve graduates of the program.
- During the CFA's past three year tenure, there is evidence of chapter activity from annual reports.

The 2010 CSI Outstanding Chapter Faculty Advisor Award Recipient is

**DR. JANE E. MYERS**  
Upsilon Nu Chi Chapter

University of North Carolina at Greensboro  
Greensboro, North Carolina

As the Chapter Faculty Advisor for the University of North Carolina at Greensboro Upsilon Nu Chi chapter for over 15 years, Dr. Jane Myers was also CFA at two other universities. These included the first charter chapters of CSI, Alpha of Ohio University and Beta of the University of Florida, respectively. In addition she was a faculty advisor for a Rho Chi Sigma chapter before they merged with CSI. In all, Dr. Myers has been a Chapter Faculty Advisor in one capacity or other for 25 years!

Her mentees include officers, committee chairs, and editors of CSI, ACA divisions, regions, and branches as well as ACES. Her chapters have been notable for awards related to service to their counselor education programs, outreach projects to the community and campus, and awards and grants for chapter and individual excellence in research, leadership, and service.

One nominee referred to her as “an extraordinary leader and quite simply one of the finest CSI professionals I know.” Another nominee notes her commitment to developing student leaders. In short, Dr. Jane E. Myers creates a “culture of leadership and service.” Anyone who has read her vita will attest to the fact that in addition to her many leadership positions and awards she is also both a prolific researcher and scholar. It is only fitting that she be the first recipient of the CSI Outstanding Chapter Faculty Award.

# THOMAS J. SWEENEY PROFESSIONAL LEADERSHIP AWARD

## Purpose of Award

This award recognizes and honors persons who through their vision, leadership, and concern for others have strengthened, expanded, and enhanced the counseling profession at local, state, national, and/or international levels.

This award is named after Thomas J. Sweeney, founder of Chi Sigma Iota, as a tribute to his outstanding leadership and professional contributions to the counseling profession. Dr. Sweeney's service to the profession spans more than 30 years. His contributions have been multiple in terms of types and levels of service including books, articles, training videos, research, speaking, consulting, leadership positions and volunteer service in several capacities.

In the spirit of Dr. Sweeney's vision, leadership, and concerns for others, the Chi Sigma Iota Executive Council chose to create this award with the intention of recognizing others within the membership of the Society who contribute to the benefit of the profession.

The criteria used for selecting this year's recipient are:

- Been an active member of CSI for 10 or more years (active involvement extends beyond membership to CSI to include other roles such as faculty advisor, committee chair or member, CSI officer).
- A primary career identity (minimum of 15 years) as a professional counselor, counselor educator, or counseling supervisor.
- Shall have established a pattern, over a minimum of 15 years, of demonstrable leadership contributions to the counseling profession at the regional, national and international levels. (Demonstrable leadership contributions include one or more areas of: service to professional associations including non-profit agencies related to accreditation and credentialing; advocacy for excellence in the profession including activities related to research, scholarship, ethics, standards, counselor preparation and innovative practices and programs ; and efforts to promote optimum human development through excellence in the delivery of counseling services

The 2010 Thomas J. Sweeney Professional Leadership Award Recipient is

**DR. EDWIN L. HERR**

Rho Alpha Mu Chapter

Pennsylvania State University  
University Park, Pennsylvania

Dr. Edwin L. Herr is a Distinguished Professor Emeritus of Education and Associate Dean Emeritus for the College of Education at the Pennsylvania State University. Dr. Herr received his Master's Degree in 1959 in Psychological Foundations with a minor in Counseling, Student Personnel and Administration, Professional Diploma in Coordination of Guidance in 1961, and an Ed.D. in Guidance and Student Personnel Administration in 1963, all from Columbia University. He attended Harvard as an Alumni Fellow and received a Certificate from the Institute for Administrators of Guidance and Personnel Services in 1967. He is a National Certified Counselor and a National Certified Career Counselor.

Dr. Herr has been a counselor educator since 1963, first at the State University of New York at Buffalo (1963-66) and subsequently at Pennsylvania State University (1968-present), where he continues to work (though retired) as Co-Director of the Center for the Study of Public Policy in Career Development (2008-present). He served as Head of the counseling program at Penn for 24 years. Dr. Herr is past president of both national and international organizations: the American Counseling Association, the National Vocational Guidance Association, the Association for Counselor Education and Supervision, and Chi Sigma Iota International. Dr. Herr is a prolific author, with more than 45 books and monographs, 225 refereed journal articles, and 50 book chapters. His books are widely used in counselor preparation programs.

Perhaps Dr. Herr's most notable qualification is his impact in the lives of others:

Dr. Mark Savickas described Dr. Herr as "the finest gentlemen that I have ever met. He always conducts himself with decorum and courtesy and offers everyone thoughtfulness, empathy, and encouragement."

Dr. Spencer Niles noted, "Ed Herr is, perhaps, the leading scholar within our profession. He has served in more leadership capacities than perhaps anyone else. He also has a habit of caring about the careers of others and helping others to be successful."

Dr. Jane Myers commented, "Ed Herr has touched my life, my relationships, my career, my professional identity, and my belief in myself in ways that are unique, meaningful,

and lasting. I am honored to call him a mentor and friend. His leadership has affected generation of counselors and our profession as a whole.”

Truly, Ed Herr is a compassionate, humble man, whose four and a half decades of leadership and contributions to our profession embody the vision, commitment and example displayed by Dr. Thomas J. Sweeney.

Past Recipients of the Thomas J. Sweeney Professional Leadership Award include:

1996	Lily Rosqueta-Rosales	Iota Phi	University of the Philippines
1997	Samuel T. Gladding	Pi Alpha	Wake Forest University
1998	Larry C. Loesch	Beta	University of Florida
1999	Nicholas A. Vacc	Upsilon Nu Chi	University NC -Greensboro
2000	D. L. "Pete" Warren	Kappa	Lynchburg College
2001	Joseph R. Kandor	Nu	SUNY-Brockport
2002	Mary Thomas Burke	Mu Tau Beta	University NC –Charlotte
2003	Jeffrey Mostade	Beta Chi	John Carroll University
2004	Jane E. Myers	Upsilon Nu Chi	University of NC-Greensboro
2005	Courtland Lee	Alpha Delta	University of Maryland
2006	Robert H. Pate, Jr.	Rho Beta	University of Virginia
2007	Martin H. Ritchie	Alpha Omega	University of Toledo
2008	Charles F. Gressard	Omega Mu	College of William & Mary
2009	Jamie S. Carney	Iota Delta Sigma	Auburn University

**Chi Sigma Iota  
Chapter Grant Recipients 2010**

***Upsilon Chi Chi– University of Cincinnati***

**Primary Applicant: Steven W. Patrick**

Project Description: Ecological Counseling Conference

***Sigma Alpha Upsilon – Southern Arkansas University***

**Primary Applicant: Kristopher M. Goodrich**

Project Description: Mental Health Day  
(Promotion of mental health issues and counseling on campus)

**Chi Sigma Iota  
2009-2010 Excellence in Counseling Research Grant  
Recipients**

**Advocacy**

Amanda Healey  
Old Dominion University  
Omega Delta Chapter

***“Female Perspectives of Professional Identity and Success in the Counseling Field”***

Ryan Reese, Adrienne Baggs, Carrie Swango, and Jessica Young  
University of Florida  
Beta Chapter

***“First and Second Year Counselor Trainees’ Perceptions of Leadership Characteristics: A Praxis of Social Advocacy”***

Kristin Meany-Walen, Katherine Purswell, Kara Holt, Yulia Proncherko, Casey Barrio  
Minton  
University of North Texas  
Rho Kappa Chapter

***“Leading the Way: Factors Prompting Counselors to Assume Leadership Roles in Professional Organizations”***

**Developmental**

Drs. Melissa Luke and Kristopher Goodrich  
Syracuse University  
Sigma Upsilon Chapter

***“Preparing School Counselors-in-Training to Work with LGBTQ Students: An Outcome Study of a Multicultural Group Co-Leadership Training in an Introductory School Counseling Course”***

Kelly Kozlowski  
Texas A&M University-Commerce  
Epsilon Tau Chapter

***“Secondary School Counselor Development: Skovholt and Ronnestaad Revisited”***

**Wellness**

Kristin Higgins, Kelly Dunbar, and Elizabeth Keller  
University of Arkansas  
Rho Alpha Beta Chapter

***“Effects of Wellness for Counselor-in-Training in an Expressive Arts Group”***

Cheryl Pence Wolf, Elisa Mott, Isabel Thompson, and Adrienne Baggs  
University of Florida  
Beta Chapter

***“Using Yoga to Improve Wellness: Exploring the Effects of a Four-Week Luna Yoga Program on Female Counselors and CITs”***

Dr. Craig Cashwell  
University of North Carolina at Greensboro  
Upsilon Nu Chi Chapter

***"Mindfulness, Anxiety, Alexithymia, and Counseling Self-Efficacy Among First Semester Counseling Students"***

Jan Lemon and Joshua Watson  
Mississippi State University-Meridian  
Phi Upsilon Chapter

***"Early Identification of High School Dropouts: An Investigation of the Relationship Among At-Risk Status, Wellness, Perceived Stress, and Mattering"***

**CHI SIGMA IOTA  
LEADERSHIP FELLOW AND INTERN PROGRAM**

**General Eligibility:**

**CRITERIA FOR SELECTION as a CSI LEADERSHIP FELLOW AND INTERN**

**All nominees for CSI Leadership Fellow or Intern positions must meet the following prerequisites:**

- Be a current and active CSI member
- Be active in their CSI Chapter
- Be enrolled in a graduate level counselor education program or be a counseling program graduate in the early years of professional development (no more than three years since earning their last graduate counseling degree)

**Nominees for CSI Internships and Leadership Fellowships** are evaluated and selected based on the following criteria:

- Three letters of reference describing excellent service to the local CSI Chapter, their counselor preparation program, and/or the counseling profession
- Enthusiasm for and an ability to carry out the Leadership Fellowship/Internship experience as indicated by the nominee's goals statement and letters of recommendation

**Nominees for Leadership Fellowships** are evaluated and selected based on the following additional criteria:

- Willingness to commit a minimum of 10 clock hours of service to a CSI committee, project, or task for the 2010-2011 leadership year
- Ability and willingness to attend the 2010 ACA Convention

**Nominees for Internships** are evaluated and selected based on the following additional criteria:

- Willingness to commit a minimum of 50 clock hours of service to a CSI committee, task force, or project activities for the 2010-2011 leadership year
- Ability and willingness to attend the 2010 and 2011 ACA Conventions. The two Interns selected will also be expected to attend the CSI Executive Council meeting in May or June of 2010.

## **2009-10 LEADERSHIP FELLOWS AND INTERNS**

### Leadership Interns:

Brenda G. Austin	Sigma Upsilon	Syracuse University
Kristen Meany-Walen	Rho Kappa	University of North Texas

### Leadership Fellows:

Stephanie T. Burns	Kappa Sigma Upsilon	Kent State University
Kelly M. Emelianchik	Omega Delta	Old Dominion University
Amanda C. Healey	Omega Delta	Old Dominion University
Kathryn L. Henderson	Alpha Eta	University of New Orleans
Sara M. Hofmeier	Upsilon Nu Chi	University of North Carolina at Greensboro
Tonya M. Jasinski	Upsilon Sigma Chi	University of South Carolina

## **2010-11 LEADERSHIP FELLOWS AND INTERNS**

### Leadership Interns:

Philip B. Clarke	Upsilon Nu Chi	University of North Carolina at Greensboro
Blair S. Mynatt	Upsilon Theta	University of Tennessee - Knoxville

### Leadership Fellows:

Nicole A. Adamson	Eta	Youngstown State University
Kerry Bartlett	Omega Alpha	University of Nevada Las Vegas
Rebekah J. Byrd	Omega Delta	Old Dominion University

Susannah C. Coaston  
Natalie K. Grubbs  
Yulia Pronchenko  
Ryan F. Reese  
Cheryl Pence Wolf

Upsilon Chi Chi  
Chi Epsilon  
Rho Kappa  
Beta  
Beta

University of Cincinnati  
Georgia State University  
University of North Texas  
University of Florida  
University of Florida

## CSI Showcase of Chapters 2010

The following chapters submitted an application to showcase their activities. As such they are active chapters whose representatives are active members of CSI and their chapters. They come to share, network, and learn from others how to serve members, the counselor education program of which they are a part, and the community at large.

Alpha	Ohio University
Alpha Omega Mu*	University of Nevada-Reno
Beta	University of Florida
Beta Alpha	Northern Arizona University
Beta Upsilon	Barry University
Chi	University of Montevallo
Chi Epsilon	Georgia State University
Chi Sigma Psi	Central Washington University
Delta Upsilon	Duquesne University
Epsilon Gamma Pi	University of South Dakota
Eta	Youngstown State University
Eta Delta Chi*	Vanderbilt University
Gamma Mu Upsilon	George Mason University
Kappa Upsilon Nu	Kean University
Kappa Zeta*	University of Memphis
Mu Upsilon Alpha	Mercer University
Mu Upsilon Omega	Monmouth University
Omega Alpha*	University of Nevada-Las Vegas
Omega Delta*	Old Dominion University
Omega Mu	College of William & Mary
Pi	Marywood University
Pi Alpha	Wake Forest University
Rho Alpha Mu	Pennsylvania State University
Rho Kappa	University of North Texas
Sigma Phi Sigma*	Argosy University-Washington
Upsilon Nu Chi	University of North Carolina-Greensboro
Upsilon Nu Kappa	University of Nebraska-Kearney
Upsilon Theta*	University of Tennessee-Knoxville
Upsilon Theta Chi*	University of Tennessee-Chattanooga
Zeta	University of Alabama-Birmingham

\*presenting as a joint effort